

## 4-H — A Great Opportunity for Youth!



▶ “4-H Afterschool is designed to further increase staff capacity to develop and implement effective programs and to work in partnership with other youth-serving organizations. These efforts will ultimately increase the quality and quantity of afterschool programs in America’s communities” (Ferrari et al., 2003 Draft, 4-H Afterschool pg. 5).



[www.4hafterschool.org](http://www.4hafterschool.org)

[www.afterschoolalliance.org](http://www.afterschoolalliance.org)

**UtahState**  
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COOPERATIVE  
**extension** 

Utah State University

Utah State University is an affirmative action/equal opportunity institution.

Visit: [www.Utah4H.org](http://www.Utah4H.org)

Phone: 1-888-4H-YOUTH

Utah State University



▶ 4-H is Fun,  
Exciting, and  
for EVERYONE!

**4-H**  
“To make the best better”

**1-888-4H-YOUTH**

# Strengthening America's After-School Programs

4-H Afterschool increases young people's opportunities to have fun while developing lifelong skills through experiential learning in safe, healthy, enriching environments.

Offering "learn-by-doing" curricula that cover an impressive array of topics—from leadership development and citizenship skills to aerospace and computers—4-H Afterschool is a vital source of ready-to-use programming for youth. These proven, research-based curricula set 4-H Afterschool Programs apart and can help young people achieve social, emotional, physical and academic success.

## 4-H Can Enhance your Existing Program!!!

- 4-H has hands-on, learn by doing curriculum in a variety of topics
- 4-H clubs can be established at after-school sites
- USU Extension is available to train staff in working with youth
- 4-H includes leadership and service components
- Youth can participate in all 4-H events, camps, and service activities

*A site coordinator at Wilson Elementary said, "The best part about incorporating 4-H into after-school is the club meeting. It brings structure to our afterschool club and allows us to make announcements; transitions are eliminated."*



**4-H is:**

- Science, Engineering, Technology (SET)
- Healthy Living
- Citizenship

## Essential Elements of 4-H

### Belonging

- Positive relationship with a caring adult
- A safe and inclusive environment

### Mastery

- Engagement in Learning with opportunity for mastery

### Independence

- Opportunity for self-determination and to see oneself as an active participant in the future

### Generosity

- Opportunity to value and practice service for others

## The 4-H Pledge:

I pledge:

My Head to clearer thinking,

My Heart to greater loyalty,

My Hands to larger service, and

My Health to better living,

For my club, my community, my country, and my world.



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