

GROUP CHOICES

Items Needed: none

Give group members a choice between two different things and ask them to select the thing that they feel best represents the group (or themselves). For example, say “When this group is making decisions, is the group like (a) a river or (b) a pond?” Make a place to stand on one side of the room for people who select “a” and on the other side of the room for people who select “b”. Once people make their choice, ask a few members of the group to explain why they chose what they did. You may do several rounds of this with different choices to select from

GROUP CHOICE IDEAS:

When this group is making a decision is it like (a) a river or (b) a pond?

When this group must complete a task is it more like (a) a sloth or (b) a monkey?

Would you describe your leadership skills as (a) a hammer or (b) a nail?

Would you describe your following skills as (a) thunder or (b) rain?

Would you say this group is (a) balanced or (b) off balance?

Create more choices to fit your group’s needs, issues, and experiences.

Metaphors are good ways to get people talking about group dynamics in an indirect and non-threatening manner.