

HUMAN TWISTER

Items Needed: Colored slips of paper (3 x 5 cards), Masking tape

Before the group arrives, cut paper of 4 or 5 different colors into rectangles or shapes of approximately 3" x 5" size. Cut enough paper cards for each participant to receive two cards.

Give each person 2 different colored cards, and 2 strips of masking tape. Tell them to tape the cards to two places on their bodies. (For example, their right shoulder and their left foot.) When everyone has taped on the cards, challenge the group to line up, touching and matching their cards to someone else's of the same color.

