

SWISS RELAY

Items Needed:

Each team needs: 2 shoe boxes, coat, scarf, pair of gloves, goggles, and a ski hat.

Organize the group into 2 or 3 teams. Divide each team in half and place each half at opposite ends of the room in a straight line. The first person in each half of the team should be facing each other. All the items needed are on one side of the room in front of the first person. The first person puts on all the ski clothes (shoe boxes are placed on feet as "skis"). This person then slides across the floor to the other side of the room to the other half of their team. They then take off ski clothes, and the first person in that line puts them on. The first team that gets each member of their team to the opposite side wins.

