

## THE WALKING CHAIR

Several players form a straight line, standing close together and facing forward. Then they bend knees to sitting position, link arms, and walk forward, keeping step with each other.

Challenges:

- Try to keep in a straight line.
- Walk a determined distance all together without falling down.
- Players form pairs, back to back. They then bend knees to a sitting position and link arms. Try to walk around the room.

